# Mākaukau Checklist

## Come prepared for your visit to Alakoko Fishpond

We're thrilled to have you join us for our 5-Year Anniversary Workday, E Kū Ana Ka Paia, on Saturday, October 21st. To ensure your safety and comfort at Alakoko Fishpond, we've prepared a list of essential items.

With a whopping 2000 volunteers expected, we kindly request that you arrive prepared to conduct yourself responsibly in this environment. But, most importantly, bring your infectious positivity, a keen ear for listening, and a willingness to dive right in!

Our team is eagerly awaiting your presence and can't wait to see you there!

### **Mandatory Items**

Keep in mind, items will get wet and muddy during our work together. Please bring items you don't mind getting dirty!

- Covered shoes or Tabis (mandatory)
- Comfortable clothing, plus change of clothes
- □ Sun protection: sunscreen, hat, long sleeve etc.
- □ Reusable water bottle to refill
- Towel
- □ From 9am-1pm Nā Pua No'eau Kaua'i will have a screen printing station for participants of E Kū Ana Ka Paia! Please bring 1 flat, cotton item (canvas bags, t-shirt, hand cloth, etc.) and NPN will screen print a special logo designed to commemorate this Historical event!
- \*1 item per participant, please!

#### **Option Items**

- Rain gear or jacket (in case the weather changes quickly)
- □ Face masks (optional we will be outside most of the day)
- □ If you have a pohaku from your special 'aina that you would like to put into the wall, you are welcome to bring one (think small for ease of carrying the distance). Be prepared to share what island, moku, ahupua'a and 'ili (*if possible*) to help document the gathering and connection of this space to yours.
- Please bring a five gallon bucket (optional) to help move small stones with in your area to the wall easier.

### Protocol

- Although we will not being doing *Welcoming Protocol*, you are in agreement that entrance into Alakoko Fishpond means being humble, respectful, and willing to listen and follow directions.
- We will be raising our voices together for <u>E IHO ANA</u> (*audio link*). This 'oli is the source of inspiration for our workday. Please review the audio link and the words below.

(Adapted from the prophecy of Kapihe)

E iho ana 'o luna E pi'i ana 'o lalo E hui ana nā moku E kū ana ka paia (x3)

That which is above shall be brought down That which is below shall be lifted up The islands shall be united The walls shall stand upright